FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol Matador Resources Co [MTDR]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Foran J	oseph W	<u>m</u>		-	Tuttu	ioi ites	<u>our</u>	1		DIC J			X Directo	r		10% Ow	ner
(Last)	(F	irst)	(Middle)	3.	Date o	of Earliest	Trans	saction (Mo	nth/D	ay/Year)			Officer below)	(give title		Other (specifically below)	pecify
5400 LB	J FREEWA	Y			3/10/2									Chairman	and C	CEO	
SUITE 1	500																
(Ctroot)				— 4.	If Ame	endment, [Date c	of Original F	iled	(Month/Da	ay/Year)	6. Ir Line	idividual or J	oint/Group F	iling (0	Check App	icable
(Street) DALLAS	S T	X	75240										X Form fi	led by One F	Report	ing Person	
			75210											led by More	than C	One Report	ing
(City)	(S	itate)	(Zip)										Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			Transaction ate onth/Day/	Execution Date,		Code (Instr.		ed (A) or str. 3, 4 and !	5. Amoun Securities Beneficia Owned Fo	Form (D) or ollowing (I) (In		Direct II ndirect E r. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code V Amount (A) or (D) Price				Transaction(s) (Instr. 3 and 4)			(1130.4)						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	Execution Date, Tra		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration Date of Securion (Month/Day/Year) Underlyin Derivative		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	y [0	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)			
Phantom Units	(1)	03/10/2020		A		159,260		(2)		(2)	Common Stock	159,260	\$0	159,260		D	

Explanation of Responses:

- 1. Each phantom unit is the economic equivalent of one share of common stock of Matador Resources Company.
- 2. The phantom units vest in equal annual installments on the first, second and third anniversaries of the date of grant.

Remarks:

/s/ Joseph Wm. Foran, by Kyle 03/12/2020 A. Ellis as attorney-in-fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.