FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Foran Joseph Wm					2. Issuer Name and Ticker or Trading Symbol Matador Resources Co [MTDR]								(Ch	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 5400 LBJ FREEWAY SUITE 1500						3. Date of Earliest Transaction (Month/Day/Year) 03/06/2020									X Officer (give title Other (specify below) Chairman and CEO				
(0)		4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicab Line)												Applicable				
(Street) DALLAS	S TX	ζ 7	75240										X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(Sta	ate) (Zip)											Perso)II				
		Table	l - No	n-Deriva	tive	Secu	rities	Acc	uired	l, Dis	sposed of	, or B	eneficia	lly Own	ed				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Ye		Execution Date,		·	3. Transaction Code (Instr. 8)				ed (A) or str. 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Direct In Indirect B r. 4) O	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)				
Common	Stock			03/06/20	020				P		16,000	A	\$8	151,5	547 ⁽¹⁾	D			
Common	Stock													1,105,	913 ⁽²⁾	I		ee ootnote ⁽³⁾	
Common	Stock													1,177,	568 ⁽²⁾	I		ee ootnote ⁽⁴⁾	
Common	Stock													394,9)28 ⁽²⁾	I		ee ootnote ⁽⁵⁾	
Common	Stock													375,9)84 ⁽²⁾	I		ee ootnote ⁽⁶⁾	
Common	Stock													4,00)O ⁽²⁾	I		ee ootnote ⁽⁷⁾	
Common	Stock													168,1	.56(2)	I		ee ootnote ⁽⁸⁾	
Common	Stock													168,1	.56(2)	I		ee ootnote ⁽⁹⁾	
Common	Common Stock												324,013(2)		I		ee ootnote ⁽¹⁰⁾		
Common	ommon Stock											324,013 ⁽²⁾		I		ee ootnote ⁽¹¹⁾			
Common	Stock													261,718 ⁽²⁾		I		ee ootnote ⁽¹²⁾	
Common	Stock													261,718 ⁽²⁾		I		ee ootnote ⁽¹³⁾	
Common	Stock											105,000(2)		I		ee ootnote ⁽¹⁴⁾			
Common	Stock													40,0	00(2)	I See footnote ⁽¹⁵⁾			
		Та	ble II								osed of, convertib			y Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	Execu if any	3A. Deemed Execution Date,		action (Instr.	5. Number		6. Date Exer Expiration D (Month/Day/		cisable and	7. Title Amour Securi Under Deriva	e and int of tites lying tive tiy (Instr. 4)	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	ve ces control of the ces ces ces ces ces ces ces ces ces ce	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	1 1	Amount or Number of Shares						

Explanation of Responses:

- 1. Includes 29,949 shares of restricted stock granted to the reporting person on February 16, 2018 that vest on the third anniversary of the date of grant.
- 2. The reporting person states that neither the filing of this statement nor anything herein shall be deemed an admission that such person is, for purposes of Section 16 of the Securities Exchange Act of 1934, as amended, or otherwise, the beneficial owner of these shares. The reporting person disclaims beneficial ownership of these shares, except to the extent of his pecuniary interest therein.
- 3. Represents shares held of record by Sage Resources, Ltd., which is a limited partnership owned by the reporting person's family, including the reporting person.
- 4. Represents shares held of record collectively by the LRF 2011 Non-GST Trust, WJF 2011 Non-GST Trust, JNF 2011 Non-GST Trust, SIF 2011 Non-GST Trust and MCF 2011 Non-GST Trust (collectively, the "Non-GST Trusts"). The reporting person and his spouse, as settlors of each of the Non-GST Trusts, retain the power of substitution with respect to the property of the Non-GST Trusts.
- $5. \ Represents \ shares \ held \ of \ record \ by \ the \ For an \ 2012 \ Savings \ Trust \ for \ which \ the \ reporting \ person's \ spouse \ is \ a \ trustee.$
- 6. Represents shares held of record by the Foran 2012 Security Trust for which the reporting person is the trustee.
- 7. Represents shares held of record by the reporting person's spouse through her Individual Retirement Account.
- 8. Represents shares held of record by the JWF 2019-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 9. Represents shares held of record by the NNF 2019-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 10. Represents shares held of record by the JWF 2019-2 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 11. Represents shares held of record by the NNF 2019-2 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 12. Represents shares held of record by the JWF 2020-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 13. Represents shares held of record by the NNF 2020-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 14. Represents shares held of record by The Joseph Donald Foran Family Trust 2008, for which the reporting person is the co-trustee and over which the reporting person has shared voting and investment
- 15. Represents shares held of record by The Foran Family Special Needs Trust for which the reporting person is the co-trustee and over which the reporting person has shared voting and investment power with other members of his family.

Remarks:

/s/ Joseph Wm. Foran, by Kyle A. Ellis as attorney-infact 03/10/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.