Common Stock

## FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number:

3235-0287

See footnote

168,156 <sup>(2)</sup>

Expires:

Estimated average burden

hours per response: 0.5

Name and Address of Reporting Person*  Foran Joseph Wm			2. Issuer I Matador F	Name <b>and</b> Resources	d Ticker s Co [ M	or Tra	ading Symbol ]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner							
(Last) 5400 LBJ FREEWAY SUITE 1500	(First)	(Middle)	3. Date of 03/04/2020		Fransact	tion (N	Month/Day/Yea		X Officer (give title Other (specify below)  Chairman and CEO							
(Street) DALLAS (City)	TX (State)	75240 (Zip)	4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - Non-Derivative	Securitie	s Acqu	ired,	Disposed of, o	or Benefic	ially Own	ed						
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(msu. 4)	(111301.4)				
Common Stock			03/04/2020		Р		15,000	A	\$9.61	118,547 (1)	D					
Common Stock										1,105,913 (2)	I	See footnote				
Common Stock										1,177,568 (2)	I	See footnote				
Common Stock										394,928 (2)	I	See footnote				
Common Stock										375,984 <sup>(2)</sup>	I	See footnote				
Common Stock										4,000 (2)	I	See footnote				
Common Stock										168,156 <sup>(2)</sup>	I	See footnote				

Common Stock														324,013 <sup>(2</sup>	)	I	See footnote
Common Stock														324,013 (2	)	I	See footnote
Common Stock														261,718 <sup>(2</sup>	)	I	See footnote
Common Stock														261,718 <sup>(2</sup>	)	I	See footnote
Common Stock														105,000 (2	)	I	See footnote
Common Stock														40,000 (2)		I	See footnote
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)								Exerc Expira (Mont	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisa		Expiration Date	Т	itle	Amount or Number of Shares				

## **Explanation of Responses:**

- 1. Includes 29,949 shares of restricted stock granted to the reporting person on February 16, 2018 that vest on the third anniversary of the date of grant.
- 2. The reporting person states that neither the filing of this statement nor anything herein shall be deemed an admission that such person is, for purposes of Section 16 of the Securities Exchange Act of 1934, as amended, or otherwise, the beneficial owner of these shares. The reporting person disclaims beneficial ownership of these shares, except to the extent of his pecuniary interest therein.

- 3. Represents shares held of record by Sage Resources, Ltd., which is a limited partnership owned by the reporting person's family, including the reporting person.
- 4. Represents shares held of record collectively by the LRF 2011 Non-GST Trust, WJF 2011 Non-GST Trust, JNF 2011 Non-GST Trust, SIF 2011 Non-GST Trust and MCF 2011 Non-GST Trust (collectively, the "Non-GST Trusts"). The reporting person and his spouse, as settlors of each of the Non-GST Trusts, retain the power of substitution with respect to the property of the Non-GST Trusts.
- 5. Represents shares held of record by the Foran 2012 Savings Trust for which the reporting person's spouse is a trustee.
- 6. Represents shares held of record by the Foran 2012 Security Trust for which the reporting person is the trustee.
- 7. Represents shares held of record by the reporting person's spouse through her Individual Retirement Account.
- 8. Represents shares held of record by the JWF 2019-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 9. Represents shares held of record by the NNF 2019-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 10. Represents shares held of record by the JWF 2019-2 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 11. Represents shares held of record by the NNF 2019-2 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 12. Represents shares held of record by the JWF 2020-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.
- 13. Represents shares held of record by the NNF 2020-1 GRAT, for which the reporting person is the trustee and over which the reporting person has sole voting and investment power.

- 14. Represents shares held of record by The Joseph Donald Foran Family Trust 2008, for which the reporting person is the co-trustee and over which the reporting person has shared voting and investment power with other members of his family.
- 15. Represents shares held of record by The Foran Family Special Needs Trust for which the reporting person is the co-trustee and over which the reporting person has shared voting and investment power with other members of his family.

/s/ Joseph Wm. Foran, by Kyle A. Ellis as attorney-in-fact 03/05/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.