FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Singleton Van H II						2. Issuer Name and Ticker or Trading Symbol Matador Resources Co [MTDR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title Other (specify				
(Last) (First) (Middle) 5400 LBJ FREEWAY SUITE 1500						3. Date of Earliest Transaction (Month/Day/Year) 01/09/2020								EVP - Land				
(Street) DALLA: (City)	ALLAS TX 75240				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
				on-Deri	vativ	e Sec	curit	ies Ac	guired	I, Di	sposed c	of, or Be	neficia	Ily Owned				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day.				ction	2A Exc r) if a	. Deemed ecution Date, any onth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a 5)			5. Amount Securities Beneficiall Owned Fo	Form y (D) or		Direct ndirect	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 an	n(s) d 4)			(Instr. 4)
Common Stock 01/09/2					/2020	020			M		10,000	A	\$9	104,154(1)(2)		I)	
Common Stock 01/09/20					/2020)20			F		5,763(3)	D	\$18.4	1 98,391	98,391(1)(2))	
Common Stock														2,50	05	1	I	Represents shares held of record by the reporting person's 401(k) account
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transactio Code (Insti 8)		5. Number of		6. Date Exerci Expiration Dat (Month/Day/Ye		te	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)	(D)	Date Exercis	able	Expiration Date	Title	Amoun or Numbe of Shares					
Employee Stock	\$9	01/09/2020			M			10,000	(4)		02/21/2020	Common Stock	10,000	\$0	0		D	

Explanation of Responses:

- 1. Includes 20,964 shares of restricted stock granted to the reporting person on February 16, 2018 that vest in equal annual installments on the second and third anniversaries of the date of grant.
- 2. Includes 6,469 shares of restricted stock granted to the reporting person on February 15, 2017 that vest on the third anniversary of the date of grant.
- 3. Represents shares withheld by the Issuer in connection with the reporting person's net share settlement to satisfy the exercise price and tax liability upon the exercise of 10,000 employee stock options that were granted to the reporting person on February 22, 2010. No shares were sold by the reporting person to satisfy the exercise price or the tax liability.
- 4. The employee stock options were fully vested on February 22, 2014.

Remarks:

/s/ Van H. Singleton, II, by

01/13/2020

Kyle A. Ellis as attorney-in-fact ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.